



“Towards Critical Restorative Justice Practices”

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Critical Practice

“By critical ...we mean ...an approach that is characterized by questioning and not taking things for granted - especially social arrangements that are based on inequality and disadvantage. ...it has both breadth and depth.”

The Critically Reflective Practitioner Thompson & Thompson 2008

Reflective Practice

“Reflection is the ability to think and consider ‘experiences, percept[ions], ideas [values and beliefs] etc with a view to the discovery of new relations or the drawing of conclusions for the guidance of future action...

Reflective practice is ...the process of turning thoughtful practice into a potential learning situation ‘which may help to modify and change approaches to practice’.

Reflective practice entails the synthesis of self-awareness, reflection and critical thinking.”

The Critically Reflective Practitioner Thompson & Thompson 2008

Reflecting on practice

“This is done later - after the encounter...
The act of reflecting-on-action enables us to spend time exploring why we acted as we did, what was happening in a group and so on. In so doing we develop sets of questions and ideas about our activities and practice”

donald shon: learning, reflection and change Smith MK 2008

Reflecting in practice

“The practitioner allows himself to experience surprise, puzzlement, or confusion in a situation which he finds uncertain or unique. He reflects on the phenomenon before him, and on the prior understandings which have been implicit in his behaviour. He carries out an experiment which serves to generate both a new understanding of the phenomenon and a change in the situation”

Schon quoted in *donald shon: learning, reflection and change* by Smith MK (2008)

Journaling

“Learning is inherent in any process of expression ... Journal writing is intimately associated with learning, no matter what else it may aim to do”

Using Journal Writing to enhance reflective practice Boud 2001

Journaling

- **Description** of the situation/encounter/experience that includes some attention to feelings at the time.
- **Additional material** - information that come to our notice or into our minds after the event.
- **Reflection** - going back to the experiences, attending to feelings and evaluating experience
- **Things to do** - the process of reflection may well lead to the need to look again at a situation or to explore some further area. It may highlight the need to take some concrete actions. In this 'section' of the entry we can make notes to pick-up later.