



Restorative

ME

c

09-16 October 2016
Leuven (Belgium)



Erasmus+

PROJECT COORDINATOR



European Forum for Restorative Justice

BELGIUM

www.euforumrj.org

PROJECT PARTNERS



Asociatia Culturala Branart

ROMANIA

www.branart.ro



Youth Council Next Generation

FORMER YUGOSLAV REPUBLIC OF MACEDONIA

www.nextgeneration.com.mk



Udruga za kreativni socijalni rad

CROATIA

www.uksr.hr



Asociación Mundus

SPAIN

www.asociacionmundus.com



Baltijas Reģionālais fonds

LATVIA

www.brfonds.lv



Scambieuropei

ITALY

www.scambieuropei.info

DATES

Sunday
09 October
2016

Arrival
date

Sunday
16 October
2016

Departure
date

LOCATION



De Blauwput Hostel

Martelarenlaan 11A
3010 Leuven
Belgium

www.leuven-hostel.com

PARTICIPANTS

Countries and number

Belgium	3
Croatia	3
FYROM	3
Italy	3
Latvia	3
Romania	3
Spain	3
Total	21

Age

22 – 30 years old preferred (Participants +30 can be considered too)

Desired Profile

- Youth worker;
- Fluent in English,
- Good communication skills;
- Deeply motivated and interested in restorative justice;
- Background experience/education in social justice, or peace-building, or conflict resolution, or law, or human rights, or psychology;
- Interested in further promoting youth projects on restorative justice in the future; and
- Willing to learn and use restorative approaches in his/her line of work.

PROJECT SUMMARY

The European Forum for Restorative Justice (EFRJ) is a Belgian NGO based in Leuven that has been working over the last fifteen years to promote mediation and other restorative oriented practices as alternative ways to overcome conflicts. The EFRJ has extensive experience in carrying out international research projects and organising events targeting mainly practitioners and it has now decided to organise a training course (TC) under the Erasmus Plus programme targeting mainly youth and social workers to increase the overall social impact and benefits of RJ practices.

Participants of the TC **RESTORATIVE ME** (October 2016) are youth and social workers from Belgium, Croatia, FYOM, Italy, Latvia, Romania and Spain (aged 22-30) involved in peace building, promotion of non-violent dialogue, social justice, communication and human rights.

RESTORATIVE ME will provide participants with strategies, methodologies and tools of work typical of mediators stimulating therefore constructive communication, emphatic dialogue and acceptance of different points of view and positions as a resource.

Skills and expertise of the trainers will provide a unique opportunity for participants to broaden their knowledge of restorative justice practices and principles through a variety of non-formal education techniques. Additionally, the foreseen formative visits to the Katholieke Universiteit, the Secretariat of the EFRJ and a local organisation engaged in mediation will explain why Leuven is one of the most important centre for the development of RJ in Europe.

By organising this TC, the EFRJ and its partners hope to strengthening international cooperation and empowering youth workers with skills and competences inspired by restorative approaches. In turn, these skills could improve the ability of the young workers to better understand the needs of the different parties involved thus overcoming conflicts in a more participatory way.

PROVISIONAL PROGRAMME

(More details will be available soon)

DAY 1

Sunday, 09 Oct

10,00 – 16,00	Arrivals and rooming
16,00 – 16,30	Coffee break
16,30 – 17,30	Welcome to the TC! Staff and project presentation, Participants presentation
17,30 – 18,30	Ice breaking activities
18,30 – 19,00	Free time
19,00 – 21,00	Dinner
21.00	Welcome party with teambuilding activities

DAY 2

Monday, 10 Oct

07,00-09,00	Breakfast
09,00-09,30	Warming up session
09,30-10,00	Rules, goals, objectives of the training
10,00-10,30	Sharing of expectations, goals and motivations for participating
10,30-11,00	Coffee break
11,00-12,00	Introduction to restorative justice
12,00-12,30	Exercise
12,30-13,30	Lunch
13,30-14,30	Free time
14,30-15,30	Formative session
15,30-17,30	Debate: why engaging in mediation?
17,30-18,00	Coffee break
18,00-18,30	Session and Exercise
18,30-19,00	Formative session
19,00-19,15	Evaluation of the day and of the learning outcome
19.15	Dinner and free time
21.00	Optional Activity. Doc night

DAY 3

Tuesday, 11 Oct

07,00-08,30	Breakfast
08,30-09,00	Walking to the Katholiek University of Leuven
09,00-11,00	Attending class on Restorative Justice
11,30-11,30	Break
11,30-13,00	Meeting the Research Line on Restorative Justice and the EFRJ Secretariat
13,00-14,00	Lunch
14,00-14,30	Free time and going back to hostel
14,30-15,30	Workshop
15,30-17,30	Workshop
17,30-18,00	Coffee break
18,00-19,00	Formative session
19,00-19,15	Evaluation of the day and of the learning outcome
19.15	Dinner and free time
21.00	Intercultural evening

DAY 4

Wednesday, 12 Oct

07,00-09,00	Breakfast
09,00-09,30	Warming up session
09,30-10,30	Workshop: Effective Communication. Debriefing
10,30-11,00	Coffee break
11,00-12,30	Workshop: The Point of View. Debriefing.
12,30-13,30	Lunch
13,30-14,30	Free time
14,30-16,30	The role of the mediator
16,30-17,00	Coffee break
17,00-18,00	Exercise: Positive mediation
18,00-18,15	Evaluation of the day and of the learning outcome
18,15-19,15	Middle-term evaluation
19,15	Dinner and free time
21.00	NGO fair

DAY 5

Thursday, 13 Oct

07,00-09,00	Breakfast
09,00-09,30	Warming up session
09,30-11,00	The mediation process
11,00-11,30	Coffee break
11,30-12,30	The role of the mediator
12,30 -14.00	Lunch
14,00-16,30	Exercise
16,30-16,45	Evaluation of the day and of the learning outcome
16,45-19,15	Free time in Leuven
19.15	Dinner
21.00	Free night

DAY 6

Friday, 14 Oct

07,00-09,00	Breakfast
09,00-09,30	Warming up session
09,30-10,30	Spreading the voice 1
10,30-11,00	Coffee break
11,00-12,30	Spreading the voice 2
12,30 -13,30	Lunch
13,30-14,30	Spreading the voice 3
14,30-15,30	Going to the mediation service
15,30-18,30	Formative visit to MODERATOR (mediation service)
18,30-19,00	Return to the hostel
19,00- 19,30	Evaluation of the day and of the learning outcome
19,30	Dinner and free time
21.00	Optional activity. Thematic movie

DAY 7

Saturday, 15 Oct

07,00-09,00	Breakfast
09,00-09,30	Warming up session
09,30-10,30	Group project planning: What's next step?!
10,30-11,00	Coffee break
11,00-12,30	Second Test; Session on The European Portfolio for Youth Leaders and Youth Workers
12,30 -14,30	Lunch
14,30-16,00	The Shared Folder, Erasmus+ programme presentation +Youthpass
16,00-16,30	Preparation of See You Again party
16,30-17,00	Coffee break
17,30-19,00	Final evaluation +Questionnaire
19.15	Traditional Flemish dinner in a restaurant of Leuven
21.00	See You Again party

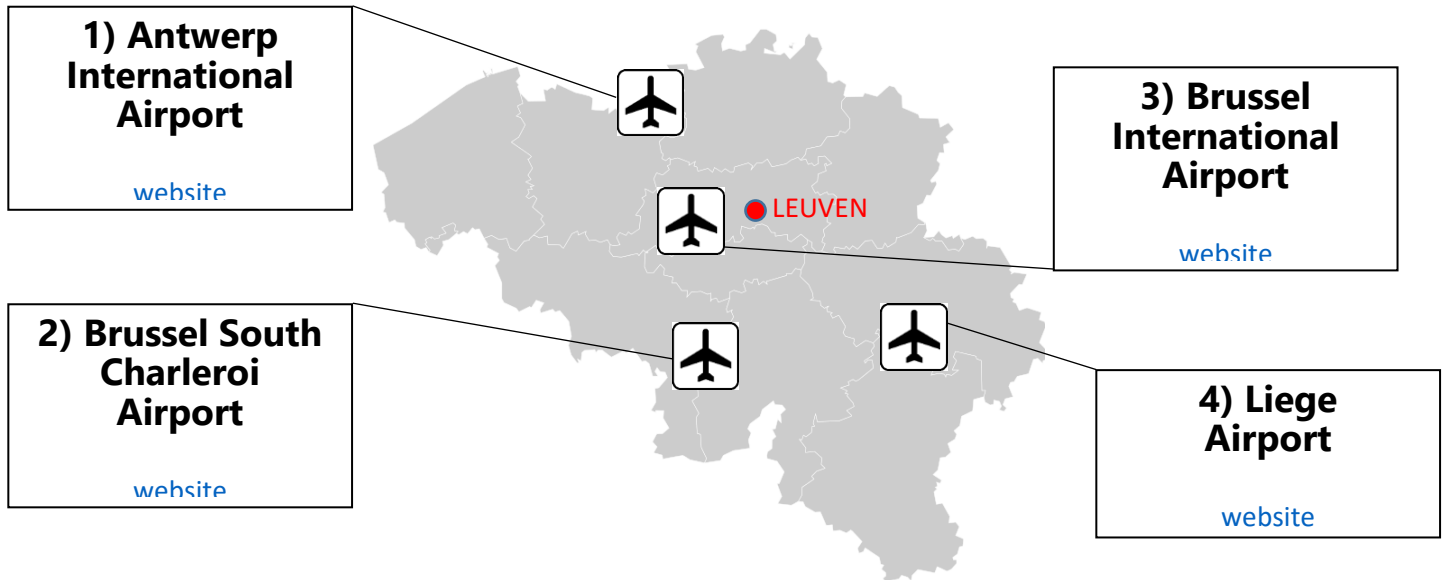
DAY 8

Sunday, 16 Oct

07,00-09,00	Breakfast
09,00-11,30	Departures

HOW TO REACH LEUVEN

BELGIUM



There are many airports in Belgium: find out the most convenient for you by clicking on their website. Please find below the suggested itinerary from each airport mentioned in the map:

1) **ANTWERP**: Bus 51, 52 or 53 brings you from Antwerp Airport to Antwerpen-Berchem railway station in 10 minutes where you can take bus 21 and 32 or tram 9 and 11 to Rooseveltplaats (Roosevelt Square), near Antwerpen-Centraal railway station (then the train to Leuven).

2) **BRUSSEL SOUTH/CHARLEROI**: you can take one of the [Brussel City Shuttle](#) (every 30min) to [Brussel Midi Station](#) (45 -60 min). From Brussel Midi you can catch the first train to Leuven.
!!!!TIP!!!!: Book online your bus return-ticket at the [Brussel City Shuttle website](#).

3) **BRUSSEL INTERNATIONAL (Zaventem)**: From the arrival floor of the airport, you can go to the underground train station and take the first train to Leuven (special fee "DIABLO" apply).

4) **LIEGE**: TEC BUS 53 to the main train station Liège Guillemins and then the train to Leuven.



More information on the train connections, timetable and prices on the [NMBS/SNCB website](#).

HOW TO REACH THE HOSTEL

If you are at the Leuven train station..... you can already see the hostel!!! 😊



Once you get off the train, please use the underpass toward Kessel-Lo and you will find the hostel on your left when outside (no more than 3 minutes walking distance from the platforms).

The De Blauwput Hostel is a modern building with conference rooms on the ground floor. Participants will have **free Wifi** in the lobby, lounge ,bar and conference rooms (not guaranteed in all rooms).

Based on the final number of participants, we will try to have separate dormitories for male/ female guests, but some mixed dormitory arrangements might be possible.

!!!!TIP!!!!: Bring your own padlock and towels.

SUGGESTED READINGS

If you are interested in the topic of restorative justice and you would like to familiarise or expand your knowledge before coming to Leuven, please find below a list of suggested online resources:

- 1) **European Forum for Restorative Justice:** See [Resources section](#) & [Restorative Justice section](#)
- 2) **Alternative project:** See [Deliverable section](#);
- 3) **Centre for Justice and Reconciliation:** See [Restorative Justice Section](#);
- 4) **Restorative Justice Council:** See [What is restorative justice section](#);

These are just some of the many information and resources available online. Due to the international nature of the TC Restorative ME, we only share resources available in English. Nevertheless we would love to hear more about national initiatives and programmes in your own country and we appreciate if you could share them with the whole group in Leuven.

SE E Y O U

IN

LEU V E N