



**CRIMINAL JUSTICE  
PLATFORM EUROPE**

**SUMMER COURSE 2024**

# **Towards Resilience in Criminal Justice**

*Organisation - Staff - Client*

# **PROGRAMME**

*(Draft version March 2024)*

**2 - 5 July 2024**

**CEJFE, Barcelona**

**prisons • probation • restorative justice**



# **Towards Resilience in Criminal Justice**

## *Organisation - Staff - Client*

The members of the **Criminal Justice Platform Europe** (CJPE) are excited to invite you to Barcelona for the 6th edition of the **International Criminal Justice Summer Course**.

Following the positive experiences of the last CJPE Summer Course, the 2024 edition continues to address a subject closely related to mental health, focusing on resilience in criminal justice settings. The course will explore resilience on multiple levels, and offer concepts to understand its significance, and practices that contribute to enhance resilience capacities.

The three workshops will examine the subject from three different angles. First, what contributes to organisational resilience; second, to the resilience of the staff; and finally to the client's resilience. Each of these will look at key challenges, and offer ways to build capacities on the different levels.

This year's edition is organised in different format compared to the Summer Courses of the previous years. Each of three workshops will be a half day long, and participants will have the chance to attend each workshop in rotating groups.

The 'Summer Course' consists of plenary sessions, three parallel workshops, and study visits. The aim is to examine key practice issues, inspire new thinking, promote cross-fertilisation and build new networks to improve services and practice in prisons, probation and restorative justice. The variety of the group, coming from different European realities, will provide further opportunities to learn and engage in criminal justice issues.

# Schedule

<b>Tuesday</b> 2 July	<b>Wednesday</b> 3 July	<b>Thursday</b> 4 July	<b>Friday</b> 5 July
<p>13:00 – 14:00</p> <p>Registration</p>	<p>9:00 – 11:00</p> <p>Parallel workshops Cycle 1 / Session 2</p>	<p>9:00 – 12:00</p> <p>Study visits</p>	<p>9:00 – 11:00</p> <p>Parallel workshops Cycle 3 / Session 2</p>
<p>14:00 – 14:30</p> <p>Welcome &amp; Plenary</p>	<p>11:00 – 11:30</p> <p>Break</p>	<p>12:00 – 14:00</p> <p>Free time for lunch</p>	<p>11:00 – 11:30</p> <p>Break</p>
<p>15:00 – 15:30</p> <p>Break</p>	<p>11:30 – 13:30</p> <p>Parallel workshops Cycle 2 / Session 1</p>	<p>14:00 – 16:00</p> <p>Parallel workshops Cycle 3 / Session 1</p>	<p>11:30 – 12:30</p> <p>Closing Plenary</p>
<p>15:30 – 17:30</p> <p>Parallel workshops Cycle 1 / Session 1</p>	<p>15:00 – 16:00</p> <p>Parallel workshops Cycle 2 / Session 2</p>	<p>16:00 – 16:30</p> <p>Break</p>	
<p>17:30 – 18:30</p> <p>Reception</p>	<p>16:00 – 16:30</p> <p>Break</p>	<p>16:00 – 16:30</p> <p>Break</p>	
	<p>16:30 – 17:30</p> <p>Parallel workshops Cycle 2 / Session 3</p>	<p>16:30 – 17:30</p> <p>Plenary</p>	
	<p>20:00</p> <p>Joint course dinner (Restaurant TBC)</p>		

# Plenaries

## **Rethinking resilience: understanding state-dependent functioning and offending behaviour**

**Jane Mulcahy**

With a focus on responding more effectively to offending behaviour in children and young people, this presentation will provide an overview of resilience with reference to the importance of safety and relational health for human wellbeing. The paper will combine youth justice research with insights from attachment theory, polyvagal theory, neuroscience and trauma studies to reframe why it can be so challenging for practitioners to connect with overwhelmed children and families. It will discuss “hard to reach” clients and explain why positive behavioural change can be slow to achieve and difficult to sustain where individuals have accumulated high levels of stress and adversity in the absence of buffering relationships with safe, always available emotionally stable adults.

**Jane Mulcahy** is a Research Fellow with REPPP working on the award-winning Greentown Project at the University of Limerick. She graduated with her PhD in Law from University College Cork in 2020 on the topic of “Connected Corrections and Corrected Connections: post-release supervision of long sentence male prisoners”. Her research was co-funded by the Irish Research Council and the Probation Service under the employment-based PhD scheme. Jane has worked as a researcher in the area of criminal justice, penal policy and social justice since 2005.



She hosts a podcast called “Law and Justice” since September 2017. Jane was awarded a Justice Media Award in the best local radio show/podcast category by the Law Society of Ireland for her three-part documentary series “Humanising Human Rights” on Ireland’s second periodic review under the UN Convention Against Torture in Geneva in 2017. During lockdown, Jane began recording a special YouTube series of Law and Justice called “How to talk policy and influence people” with many interviewees addressing the subject of attachment, the harmful impact of childhood adversity and interpersonal trauma on individuals and society and the importance of cultivating safety in our homes, classrooms, communities and beyond. Her new series is called “Relationship Matters” and explores the importance of relational health across the life course for health, wellbeing, flourishing, social behaviour and healing from trauma. She has also designed and delivered an adult education course on the topic of “Childhood Trauma, Consequences and Essential Responses”. Jane was appointed by the Government of Ireland as a member of the Policing Authority in July 2023.

# Plenaries

## **Client resilience and peer support**

**Johan Lothe**

*Abstract coming soon.*

Johan Lothe grew up in Oslo, Norway. He started early experimenting with the use of drugs. 23 years old, jobless and without education he found himself living with his parents again. Started as a driver in a company selling professional kitchen equipment, and experienced that sales skills from his past criminal life now could be used in legal business.



A few years later, he assisted the company setting up companies in Eastern and Central Europe, and became Responsible for 8 offices in 5 countries. The extensive travelling wasn't good for his mental health. Still having issues with substance use, he ended up losing his job and in jail.

Several sentences gave him the opportunity to start in his current job. Working as the General Manager of Wayback, he works with inmates and prison service. This gives him the opportunity to use his lived experience in a positive way. Wayback works with integrating people in society after release from prison. During his last 9 years in Wayback he has noticed the prison population has an increased struggle with their mental health. Substance use and mental health goes hand in hand.

The last 3-4 years Wayback and Johan started to work with PriSUD (Prison substance use disorder) to improve mental and physical health, as well as quality of life for people with substance abuse problems in prison.



## **Trauma informed work in prison and probation** **Dr Madeline Petrillo**

Dr Madeline Petrillo is an Associate Professor in Criminology at the University of Greenwich, UK. Madeline is professionally qualified as a Probation Officer and has specialised in working with women on community supervision and in custody. She has previously acted as Programme Leader for the BA (Hons) Community Justice/Professional Qualification in Probation (PQiP), the qualifying award for trainee Probation Officers in England and Wales.

Madeline's PhD research examined women's desistance from crime after prison from gender-responsive, trauma-informed perspectives. Her current research interests are focused on women's experiences in the justice system and trauma-informed approaches to rehabilitative practice. Recent research projects include an evaluation of a trauma-informed intervention in women's prisons, the implementation of trauma-informed practice in Probation in England and Wales, and the use of trauma-informed principles in the design of a new residential women's centre.

# Plenaries

## **Summer Course moderated by John Stafford**

John Stafford enjoyed a forty year career in Probation in England , latterly for thirteen years as Chief Probation Officer for Merseyside , until his retirement in 2012. Merseyside under his leadership won more national and international awards for its practice than any other Probation area, including the prestigious British Quality Foundation's U.K. Excellence Award , the first public sector organisation ever to achieve this highest business honour. He was Interim Secretary General of CEP in 2012/2013 and jointly helped organise the first World Congress of Probation. John remains an ambassador for CEP and has been involved in the Criminal Justice Summer Course since its inception. John was awarded the OBE in 2012 for his pioneering work in the rehabilitation of offenders.



# Workshops

## Staff Resilience Building Staff Resilience: Understanding, Practicing, and Thriving

This workshop aims to equip participants with the knowledge and practical skills to enhance their resilience in working places. Through a combination of theoretical understanding and hands-on exercises, participants will explore the concept of staff resilience and its importance in maintaining well-being in challenging environments.

### Key Outcomes:

- Increased awareness of the theory and practice of staff resilience.
- Enhanced understanding of the body's response to professional stress and trauma.
- Practical strategies for managing and overcoming stressors in the workplace.
- Empowerment to proactively cultivate resilience and well-being.

### Trainer

#### Iva Prskalo

Iva Prskalo is a psychologist, who has completed post-graduate specialist study of supervision in psychosocial work and is also trained in gestalt education for psychotherapists. Currently pursuing her doctorate, her research focuses on the psychosocial well-being of prison and probation staff. She is employed as Head of the Department for International Cooperation at the Training Center. Additionally, she is a member of the Team for Psychological Crisis Interventions, the Staff Wellbeing Expert Group (EUOPRIS), and is a supervisor in the Ministry of Justice and Administration for the staff of the prison system, probation and victim and witness support services.



The main driving force behind her professional development is her interest in innovative approaches to educating staff from various professions.

# Workshops

## Client Resilience

The Module will focus on understanding and practicing how staff can aid and reinforce client change leading to resilience and desistance to relapse in crime. The purpose of the module is to deepen understanding of client learning history, adapting care to client needs and specific responsivity, understanding and aiding in client change processes and identifying and minimizing challenges for staff in this pursuit. Topics for the module will be learning history, valued direction and motivation, criminogenic and non-criminogenic needs as well as change process through skills building. The module will contain a combination of lectures, reflection exercises and practical training.

## Trainer

### David Ivarsson



David Ivarsson is a licensed psychologist who started his career working with forensic patients and clients in the private treatment center area before moving to the Swedish prison and probation services (SPPS) head office where he has worked with program facilitator trainings, supervision and training and treatment development since 2013. David's expertise is in Motivational Interviewing, Cognitive behavioral therapy and Risk, Need and Responsivity based interventions.

He is one of the developers of the SPPS current treatment programs for domestic abuse offenders. Besides program facilitator trainings David do regular trainings with staff on topics regarding specific responsivity, core correctional practice and change processes in clients. Currently David is doing a PhD on Virtual Reality treatment for violent offenders and he is the co-author of a book on forensic CBT (Swedish) that was published in 2020.



# Workshops

## Organisational Resilience

Resilience is a complex concept involving many moving parts. Usually, people think about resilience as relating to individuals, but people don't operate in a vacuum and are hugely influenced by the contexts in which they live and work. When this context involves being immersed in a world of anti-social behaviour, others trauma, harsh physical environments, and societal judgement, even the most resilient person may wobble.

Organisations not only have a legal duty of care, but also a moral and ethical one, to ensure that criminal justice staff are equipped to thrive in such environments and that organisational practices enhance this capacity.

This workshop provides a framework and assessment tool for organisational leaders, managers, and frontline staff to consider their complementary responsibilities in building an organisational culture that promotes resilience and thriving, and minimises the risk of psychological harm.

## Trainer

### Jo Clarke

PhD, C.Psychol., AFBPsS, EuroPsy Founder and Director



Jo is an internationally acclaimed academic and expert on resilience, and founder and Director of the Petros organisation. Jo learned her craft working as a psychologist in the British prison system for over 20 years. She is a regular speaker and trainer, nationally and internationally, on the subject of individual and organisational resilience and has authored a number of chapters and papers on the subject. Committed to life-long learning, she remains abreast of current research and developments in the area, and with her dedicated team, strives to continually develop evidence-based interventions to promote thriving at work and at life.

# Study visits

**Participants of this Summer Course will be offered the opportunity to choose to visit a prison, a criminal justice service or programme of the Catalan Ministry of Justice.**

**All visits will depart from the Centre for Legal Studies and Specialised Training at different times in the morning. Transport to/from the location will be taken care by the organisers.**

**Participants will be asked to bring their valid passport or ID card with them.**

## **1) Specialised Support Unit for people with Intellectual and Developmental Disabilities (DAE-DID) and the Multy-sensorial room (Snoezelen) at Quatre Camins prison**

It is a specialised residential unit located at the prison of Quatre Camins with capacity for up to 35 inmates who present indicators of borderline intelligence or intellectual disability and high vulnerability.

In this unit, intensive intervention is carried out with the aim of improving the adjustment of inmates to the prison environment and reinforce the support needed to return into the community. The work developed in this unit is part of the Intellectual Disability and Development Framework Program, implemented in all prisons of Catalonia, which is based on the positive behavioural support to people with intellectual disabilities. This programme is implemented through a multidisciplinary approach, from the treatment teams at every prison. These teams are in charge of detection and evaluation of inmates with intellectual disabilities or limited intelligence. Subsequently, they may assess the appropriate intervention, being that outpatient treatment or a referral to this specialised residential unit DAE-DID.

Additionally, since the summer of 2023, the unit has launched its own Multy-Sensorial Stimulation room, designed to provide a more holistic treatment. This space is used with specific cases and it aims to reduce anxiety, self-harm and disruptive behaviours.

The participants choosing this visit will be able to see the shared areas of this unit and talk with the staff (social educators, a psychologist and a social worker) about their intervention approaches; they will also be able to meet the inmates who are staying in this unit.

# Study visits

## 2) Institution for young offenders at Centre Educatiu Can Llupià

The Educational Centre (EC) of Can Llupià is one of the specific centres destined to juveniles serving their custodial sentence within the Catalan Territory.

Can Llupià can host up to 95 minors (14 to 18 years of age) who are on preventive custody or are complying with a custodial measure as decided by the Juvenile Justice Judge.

Participants will visit the facilities and will learn about the programmes and activities that are in place to address the specific needs of the young people placed in this centre. Formal education, purposeful activities, as well as vocational and artistic training, are some of the key areas of intervention carried out by the staff.

This is an opportunity to come closer to the Catalan Model for rehabilitation and reintegration of juveniles and the specific treatment approach designed for this collective. Participants will have the opportunity of being briefed by in-house professionals about the Juvenile Justice System in Catalonia and the specific role that this centre plays within the existing network of juvenile justice centres.

## 3) The Participation and Cohabitation Model (MPIC) at Quatre Camins Prison

Among all ordinary prison in Catalonia, there is a wing that works with the **Participation and Cohabitation Model** (MPIC). This is a functional organisational model that encourages the participation and interaction of all the agents of the institution and requires the involvement of all professionals, inmates and families. It is a new form of governance that marks the creation of a social climate and coexistence with pro-social values in the residential units, favouring autonomy and promoting participation of the inmate.

This innovative model aims to motivate and promote the participation and empowerment of inmates, improving their agency and responsibility working in a cooperative manner, developing a sense of community in their wing. The model favours a homogeneous and structured approach; that involves the whole institution in values of equality, opportunity, rigour and transparency.

Visiting the wing that works with this special model, offers the opportunity to learn from this approach and observe the monthly commission. This meeting is held among inmates, to address specific issues and challenges encountered, in order to reach conflict resolution through an assertive communication and collaboration among the cohabitants of this wing.

# Study visits

## 4) Artistic Workshops at Women's Prison, and the *Time Machine* Exhibition

There is a total of 50 **artistic workshops** spread over the 9 penitentiary centres in Catalonia. The main disciplines are divided into three blocks: Plastic arts, Performing arts and Audio-visual arts.

The women's prison offers a range of artistic workshops and is one of the more prolific centre in creating pieces of art. This workshops are a tools to develop the creative language, intrinsic to human beings, but often little explored. The work that is carried out becomes, in most cases, an opportunity to "drain" the inner capacities of language and artistic expression. These provides a space to improve specific skills allowing people to discover new abilities and facilitate introspective growth.

The group will learn from this artistic programme and afterwards, will move towards the **Arts Santa Monica** centre, to explore "The Time Machine: Rewriting the Past and Creating the Future in Prison" exhibition. This is a conceptual and visual framework for reflecting on the prison as a suspended territory, a place where reflections on the past and desires about the future come to the surface.

This is a dual study visit as it offers the opportunity to meet the artistic workshops, and it implications for the prison population, and appreciate the continuity of the art produced by this collective, which will be accessible for the wider society to experience.

# Criminal Justice Platform Europe

The Summer Course is organised by the Criminal Justice Platform Europe (CJPE) in collaboration with the Centre for Legal Studies and Specialised Training. The CJPE is a partnership of three network organisations working in the fields of probation (CEP), detention (EuroPris) and restorative justice (EFRJ). | More info: Clara Casado Coronas clara.casado@gencat.cat.



The **European Organisation of Prison and Correctional Services** (EuroPris) started its work in 2012. EuroPris is an organisation of and for prison practitioners. Prison Services from jurisdictions in the Council of Europe region can become a member of EuroPris.

The organisation has been established to promote professional prison practice through the facilitation of collaboration, sharing of good practices and knowledge between European prison practitioners. This is realised through the organisation of expert meetings, workshops and conferences. But also through the construction of databases and benchmarking tools. In the past ten years EuroPris developed into a recognised authority on prison matters in Europe. Currently 36 jurisdictions are a member of EuroPris. | More info at [www.europris.org](http://www.europris.org).

Founded in 2000 by a group of academics, practitioners and policy makers, the **European Forum for Restorative Justice** (EFRJ) has the aim to contribute to the further development and establishment of victim-offender mediation and other restorative justice practices.



Every person in Europe should have the right of access to RJ services, at any time and in any case. Among other activities, the EFRJ supports its members in developing RJ across Europe and beyond by building cooperation, publishing research findings, sharing information and knowledge, and organising seminars, conferences, summer schools and events in occasion of the international RJ Weeks. The EFRJ is a membership organisation with about 450 members, including 70 organisations, across Europe and beyond. | More info at [www.euforumrj.org](http://www.euforumrj.org)



The Confederation of European Probation (CEP) is an umbrella organisation for Probation institutions in Europe. Founded in 1981, CEP brings together practitioners, managers, academics, stakeholders and others working in the field of probation and criminal justice from all over Europe.

The CEP objectives are to unite, build and maintain the networks in probation and criminal justice, continue professionalisation in probation and raise the profile of probation on a national and European level. It promotes pan-European cooperation and exchange of ideas by delivering high-quality activities, making reports available and promoting probation on its website, social sites and in the newsletter. In addition, CEP participates in European projects which compile and study effective policy and practice in probation. To European bodies such as the European Union and the Council of Europe, CEP is the spokesperson for the sector of probation, providing expertise and comparative data. CEP is a member-based organisation with 86 members representing 39 EU countries and 42 EU jurisdictions. | More info at [www.cep-probation.org](http://www.cep-probation.org).

# Practicalities & Venue

The **Centre for Legal Studies and Specialised Training** (CEJFE) is an autonomous administrative body that belongs to the Ministry of Justice of the Government of Catalonia. It was created in 1990 and its fundamental mission is to organise initial training and continuous education for the staff working at different departments of the Ministry including prison, probation, juvenile justice, victim support and restorative justice among others, with the aim of strengthening and improving the quality of the services provided. It is also a founding member of EPTA (European Prison Training Academies).

Another pivotal activity of the CEJFE is to conduct research in the fields of criminology, enforcement of sentences, administration of justice and the Catalonia's own body of laws. Moreover, it leads university practicum programmes, is home to a specialised public library, organises exchanges with other training and research centres at national and international level, and regularly takes an active part in international exchange and innovation projects. | More information can be found at <http://cejfe.gencat.cat/ca/inici/>



Generalitat de Catalunya  
**Centre d'Estudis Jurídics  
i Formació Especialitzada**

## Address

Centre for Legal Studies and  
Specialised Training  
C/ Pau Claris 158, Barcelona

## Public transport

**Metro:** L3 and L5 stop Diagonal  
**Bus lines:** 39, 47, B24, N7, V17  
**Train:** stop Passeig de Gràcia



## Contact us

**Europris:** [secretariat@europris.org](mailto:secretariat@europris.org)  
**CEP:** [secre@cep-probation.org](mailto:secre@cep-probation.org)  
**EFRJ:** [info@euforumrj.org](mailto:info@euforumrj.org)

follow us on  
social media

[@euforumrj](#)

[@EuroPrisOrg](#)

[@CEPprobation](#)

[@cejfe](#)

[@EU\\_Justice](#)



Supported by the  
European Union

**CRIMINAL JUSTICE  
PLATFORM EUROPE**

**SUMMER COURSE 2023**

**Towards  
Resilience in  
Criminal Justice**  
*Organisation - Staff - Client*

**2 - 5 July 2024**  
CEJFE, Barcelona

**prisons • probation • restorative justice**

